



Dear ESPCT-Friends and Global Colleagues,

Providing crisis training and resources for our friends from Europe and our international colleagues is at the heart of our Training Center mission (ESPCT). It is particularly important today when facing our global pandemic (COVID-19).

First, we want to share some useful US-Resources with you that may help you to support children, families, teachers and school administrators in coping with the actual global health threat (COVID-19).

Please have a look at – and maybe translate into your native language - the following well-founded information:

- <https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources>
- <https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019>
- <https://childmind.org/>
- A nice book for children up to about 7 years has been made, which explains the virus and is already translated into many languages:
<https://www.mindheart.co/descargables>
- [Here](#) you can download a Lancet article about the psychological impact of quarantine and how to reduce it.

Second, as fellow colleagues, we want to ask you to **share with us** materials and professional resources, along with your professional knowledge, that may be helpful for our global colleagues today. (Right now, they do not have to be translated into English, unless there are dual copies.) Please write/send URL links, articles, handouts, etc. to info@espct.eu and we will pass it on so everyone can share. **Please do this by 1 April.**

Thank you for your efforts in these most unusual and stressful times. And remember to care for yourself!

Finally we send you best wishes for your health and the health of those you care about; and for your work as School/Educational psychologists. We are confident that one positive outcome of this actual health crisis is to make an even stronger sense of solidarity among different and unique people and all nations.

The Board of ESPCT:

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