**Advanced course: program example:**

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| 18:00 | Get-together-Meeting after dinner |  |
| **Sunday** |  |  |
| 9:00 - 12:30 | Introduction to the program |  |
|  | Anchoring: Safe Place  Sharing experience with suicide:  Dealing with suicide: Theory and practice |  |
|  |  |  |
| 15:00 - 18:30 | Pacing and leading: communicating with a student affected by acute stress and/or threatening to commit suicide and/or threatening the school |  |
| **Monday**  9:00 - 12.30 | Continued |  |
|  |  |  |
| 14:00-18:00?? | Continued |  |
| **Tuesday** |  |  |
| 9:00 - 12.30  14:00 -18:00 | Demonstration and practice of different  Scenarios connected with danger of suicide  Continued |  |
| **Wednesday** |  |  |
| 9:00 - 12.30 | How to support return to school after suicide attempt.  Prevention of imitation – Parents’ meetings -Prepare schools: principals |  |
| 15:00 – 18:00 | Meeting with class after suicide  Dealing with threats: introduction |  |
| **Thursday** |  |  |
| 9:00 - 12.30 | Continued: meetings with threatening student, parents etc.: first prepare strategy, then practice in  groups |  |
| 13:30 – 16:00  **Friday** | Caring for the caregiver  International cooperation  Evaluation of the seminar  **Departure** after breakfast |  |

*There will be changes according to the needs and wishes of the participants*.